



May 2005

Duncanville Digest

Hazardouse Household Waste Collection for Duncanville Residents Gospel Lighthouse Church

**Saturday, May 14
9AM – 3 PM**

You can bring:

- Chemical products for home use
- Paint & other paint products
- Lawn & Garden chemicals
- Aerosal Sprays
- Pool Chemicals
- Craft & hobby supplies
- Cleaners & polishers
- Batteries of all kinds
- Automotiive fluids & oil filters
- Fluorescent light tubes

Don't Bring:

- Business or commercial waste
- Containers larger than 5 gallons
- Explosives or ammunition
- Shock or sensitive materials
- Smoke detectors or other radioactive materials
- Medical waste
- Common trash or recyclables
- Construction debris
- Electronics or appliances

For more information call 214-553-1765. You must bring some form of identification showing you are a Duncanville resident.

City Election Update

Duncanville voters are reminded to cast their vote for Councilmember-At-Large and Councilmembers to represent districts 1, 3, and 5.

Registered voters who wish to vote early may do so through Tuesday, May 3rd at the Duncanville Library located at 201 James Collins Blvd. or at any Dallas County early voting location. Early voting will be held 8 a.m. - 5 p.m. through Saturday, April 30th; 1 p.m. - 6 p.m. on Sunday, May 1st; and 7 a.m. - 7 p.m. on Monday, May 2nd and Tuesday, May 3rd.

On May 7th, the following polling locations will be open from 7 a.m. until 7 p.m. for Duncanville residents:

- Byrd Middle School, 1040 W. Wheatland Road, for precincts 4200, 4203, 4206, 4207, and 4209.
- Reed Middle School, 530 E. Freeman Street, for precincts 4201, 4202, 4204, 4205, 4208, and 4213.
- Fairmeadows Elementary School, 100 E. Fairmeadows Drive, for precincts 4210, 4211, and 4212.

City Secretary Jeanne Fralicks said all eligible residents may vote for a Councilmember-At-Large candidate, but only residents of city council districts 1, 3, and 5 may vote for a candidate from that single member district.

A list of City Council candidates and other election information may be found on the City's web page at www.duncanville.com. Election results will appear on the City's web page and will be summarized in the June issue of the Champion.

National Police Week

Duncanville Police Memorial

May the 16th, at 12 Noon

Duncanville Police Department Parking lot

In 1962, President John F. Kennedy signed a proclamation which designated May 15th as Peace Officers Memorial Day and the week in which that date falls as "Police Week". Every year since, tens of thousands of law enforcement officers from around the world converge on Washington, DC to participate in a number of planned events which honor those that have paid the ultimate sacrifice.

In 1979 the Duncanville Police Department had two of its very own pay the ultimate sacrifice on a cold December night. Sgt. Michael Poe, and Officer Roger Hobden will be remembered along with 15,000 + other fallen officers who have given their life for their communities since the inception of police work.

The Duncanville Police Department would like to invite you to join our short memorial service on May 16th, at 12 Noon, in front of the police station to honor and remember the officers who gave so much.



City Information Index

Duncanville City Offices

GENERAL GOVERNMENT

City Manager's Office	972-780-5017
City Secretary	972-780-5004
Community Information	972-780-5043
Duncanville JobLine	972-780-5006
After Hours Calls	972-780-4959

ECONOMIC DEVELOPMENT

Development Director	972-780-5090
----------------------	--------------

POLICE DEPARTMENT

Chief of Police	972-780-5038
Community Relations	972-780-5027
Criminal Investigations	972-780-5037
Animal Control	972-780-5025
Police Records	972-780-5024

FIRE DEPARTMENT

Fire Chief	972-780-4920
Assistant Fire Chief	972-780-4921

FINANCE DEPARTMENT

Director	972-780-5005
Municipal Court	972-780-5055
Teen Court	972-780-5063
Water Billing	972-780-5010

COMMUNITY SERVICES DEPARTMENT

Library	972-780-5050
Community Center	972-780-5070
Senior Center	972-780-5073
Director	972-780-5076
Special Events Coordinator	972-780-5086

PUBLIC WORKS DEPARTMENT

Director	972-780-5015
Building Inspections	972-780-5040
Garage Sale Permits	972-780-5040
Health Officer	972-780-4963

COMMUNITY INFORMATION

Radio	1250 AM
Internet	www.duncanville.com
Television	Charter Comm. Cable Channel 26

SPECIAL INTEREST NUMBERS

License Plate Renewal

Dallas County Govt. Center	214-653-7811
----------------------------	--------------

Community Assistance

Duncanville Outreach	972-296-4986
----------------------	--------------

Chamber of Commerce

Chamber Offices	972-780-4990
-----------------	--------------

Mayor & City Council Phone Numbers

Mayor - David Green	972-780-0348
Mayor Pro-Tem- Dorothy Burton	972-296-8844
District 1 - Ken Weaver	972-780-9810
District 2 - Scott Cannon III	972-298-8098
District 3 - Marilyn Massey	972-296-5993
District 4 - Grady Smithey	972-298-2775
District 5 - Vacant	

Duncanville CHAMPION

is a monthly publication of the City of Duncanville. For information, call the City's Community Information Office at

972-780-5043 or e-mail at kbilbrey@ci.duncanville.tx.us

Chamber of Commerce Announces Expo

The Duncanville Chamber of Commerce is proud to announce the 2nd Annual Business & Art Expo. The event will be Saturday, May 21, 2005 from 10:00 a.m. to 3:00 p.m. The location will be Duncanville High School, in the new corridor just west of the Sandra Meadows arena.

The focus of the Business & Art Expo is to highlight and promote local businesses, both community and chamber wide. This event provides a unique opportunity to educate the community about local companies and the many products and services available to them; also, to provide exhibitors with an additional marketing tool with which to promote their products and broaden their customer base.

This year's Expo will feature area businesses, restaurants and artists. It will be a chance to come and get a taste of the best in Duncanville. It promises to be fun for the entire family, with performances from the DHS Cheerleaders, Child fingerprinting by the Duncanville Police Department, Eye Exams, free T-Shirts at the Carter BloodCare Blood Drive, Karaoke, Interactive Exhibits, Photos with the Chick-fil-A Eat More Chicken Cow, Wildlife presentations, samples from area restaurants, and a grand prize raffle drawing for a 20" color T.V. Admission for the event will be \$5 for adults, \$3 for ages 10 and up, and children 9 and under are free.

The Duncanville Chamber of Commerce is celebrating their fiftieth anniversary this year and this event continues the in the tradition of fifty years of service to the business community. Please feel free to call the Chamber Office at (972) 780-4990 for more information or if you are interested in having a booth in this upcoming event. Booth space is limited so call today to ensure your spot.



DID YOU KNOW...

Recycling can mean \$\$\$ for your organization?

Keep Duncanville Beautiful is eager to expand its printer cartridge recycling program in local churches. With minimal effort, church groups and other youth organizations can earn extra funds for activities while saving our landfills. Recycling...it's the right thing to do.

KEEP DUNCANVILLE BEAUTIFUL

For more information, go to www.duncanville.com/greendty or contact (972) 780-5090.

Duncanville Digest

Mayor's Open Line Friday

Mayor Green makes himself available on the first Friday of each month to the citizens to discuss concerns and ideas about the direction the city is going.

The schedule for April:

May 6, 2005 - 8:00 a.m. - 10:00 a.m. at City Hall.

Water Conservation Information

Repair dripping faucets by replacing washers. If your faucet is dripping at a rate of one drop per second, you can expect to waste 2,700 gallons per year.

-For further water saving tips, please call the Duncanville Public Works Water/Wastewater Division at 972-780-4900.

Neighborhood Watch

There isn't a more important program that you can get involved in, when it comes to your own neighborhood. Some may know it as Neighborhood Watch, Town Watch, or Crime Watch. No matter what you know it as, this is the program for you.

Let's face it; we are in different times than the 50's, 60's and even 70's. Neighborhoods are changing. The days of leaving your screen door unlocked while you slept, or leaving your garage door open has become a no-no for most neighborhoods.

I have seen, during my years with the police department, that when it comes to the quality of living in the neighborhoods, there are complainers and doers. I may have stepped on a few toes just then, but that's the truth. If you are involved in any kind of community events, you know what I mean. Let's take back the streets of our neighborhoods, remembering the reason you picked that one specific neighborhood. Crime prevention in a neighborhood, business district, or park is a community responsibility. If the neighborhood isn't bad, let's keep it that way. If your neighborhood is questionable or becoming crime ridden, by all means GET A NEIGHBORHOOD WATCH STARTED NOW!

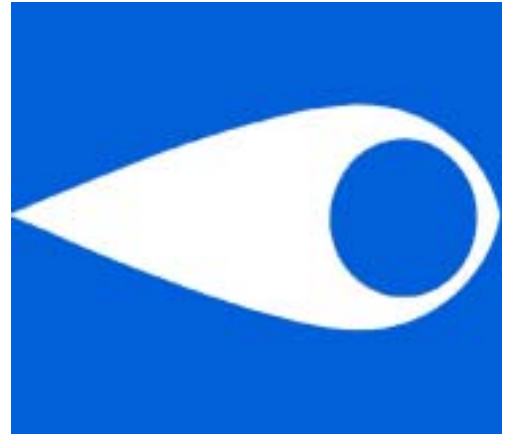
Here is what we hope to achieve by community involvement.

We know that neighborhood watch forges strong bonds among residents. Watch groups create a sense of community and pride by forming a unified group of citizens dedicated to improving their neighborhood. Partnering with law enforcement, citizens become their eyes and ears. These groups also serve as an empowering outlet for victims of crime. It helps give victims a greater sense of control—ensuring that what happened to them will be less likely to happen to others. A neighborhood watch program can also be a springboard for many other efforts to address the causes of crime, reduce crime and improve neighborhood conditions including youth recreation, child care, economic development, senior citizen activities, affordable housing and community beautification.

BENEFITS OF NEIGHBORHOOD WATCH:

- **Deters criminal activity;**
- **Creates a greater sense of security and reduces fear of crime;**
- **Builds bonds with neighbors; people look out for one another; it stimulates neighborhood awareness;**
- **Reduces the risk of becoming a crime victim; it reduces the physical, financial and psychological costs of crime;**
- **Instructs residents on how to observe and report suspicious activities in your community; and**
- **Addresses quality of life issues and mutual interests in your community.**

Become a doer and get a neighborhood watch started. The Duncanville Police Department's Crime Prevention Division will help you start one today! Remember National Night Out is in August. Let's get your neighborhood involved. Contact Officer Eddie Edwards @ 972-780-5027.



Lighthouse 2005 Puppet Show "Mermaids, Pirates & Storms" the story of the Port Austin Light Presented by S&D Puppetry and the Duncanville Public Library Tuesday May 3, 2005 at 7:00 PM

See this lighthouse show with a book signing of *When You See A Lighthouse* by the author/puppeteer, Sandra McLean. Sandra loves to share this historical preservation story with kids, as well as adults of all ages. Meet Gertie the Gull, Little Bobby Black Bear and of course PAL (Mister Port Austin Light).



Fun In Duncanville

KARATE SCHOOL

Learn serious self-defense oriented Shorin Ryu Matsamura Kenpo Karate.

Instructors for children & adults;
**Duncanville Community Center
Aerobics Room/East gym**

Kids age 7+: T/TH 7:15-8:15 PM

Adults: T/TH 7:15-8:30 PM

Open: Sat 9-10:30 AM

Cost: \$35/Month-Students, \$50/
Month-Adults. Family discounts are available.

Instructors: Kris Howerton, & Brady Cooper. For Additional info: 972-393-0782 or 214-789-3433.

Email: krishowerton@comcast.net

SELF-DEFENSE/ANTI-KIDNAPPING

For ages 4 to 7: 1st session, meets 6p-7p; ages 8 and up: 2nd session meets 7p-8p

Class meets every Tuesday & Friday in the Recreation Center West Gym

Registration Fee: \$10 on first meeting. Class Fee: \$8 each class meeting. Register at class

Instructor: Diversified Youth Services. Uniform is available but not mandatory. An Alert Child of Texas T-Shirt is available for purchase. For more info call **972/208-6697**.

NEW PROGRAMS

If you have any new ideas or a new program that can help the community.

Please contact: Dwalan at 972.780.4971 or India at 972.780.4970

FITNESS TRAINING CLASS FOR WOMEN COURSE: "STUDIO 7 MUSCLE BUILDING AND FAT BURNING"

The class will focus on weight loss through resistance exercises that build muscle strength, burn fat, and more. Class meets: Saturday from 9am-11am at D.L. Hopkins - Northside Room. Register at the Center Front Desk

Fee: \$16/class meeting

Instructor: Jean Bush

Attire: Comfortable clothes and tennis shoes

Bring a towel and 2 weights 2, 3, or 5 pounds.

For more information call Jean at 972/230-2352

CREATIVE MEMORIES 2005

NATIONAL SCRAPBOOK DAY

Saturday, May 7

8:30am-7pm

Event capacity: 30

Cost: \$30 for class (includes a continental Breakfast, door prizes & special goodies)

An optional box lunch is available for an additional fee.

Hopkins Senior Center: Parkview Room

Instructor: Kim Spurlock

You are invited to join us at our 2005 National Scrapbook Day Event, "Memory Makeover". Get motivated with other album makers to

"Energize, Organize, and Personalize" your memories, and to complete Creative Memories scrapbook photo albums. There will be various classes throughout the day, including an introductory class on organizing your photos and starting an album at the beginning of the day for those who need it.

Register by calling 972-298-4006.

TEXAS DANCE AND CHEER

Learn chants, jumps, dance routines & more. For ages 4 to 7: 1st

session meets - 6p-7p. For ages 8

& up: 2nd session meets - 7p-8p.

Class meets every Thursday &

Saturday

Saturday class meets from 1p-3p

Location -West Gym on

Thursday

and Aerobics room on Saturday

Registration Fee: \$10 on first meeting

Class Fee: \$8 each class meeting
Register at class

Instructor: Diversified Youth

Services T-shirts, & shorts are available for order at class.

Attire: T-Shirts, shorts or warm-ups and white-soled tennis - For more info call **972/208-6697**.

CROP 'TIL YOU DROP

Monthly Crop 'Til You Drop Session Bring photos and work on your album. You must pre-register and pay instructor by the Wednesday before the class is to meet.

For more information call 972-298-4006.

Friday, May 13

6:00pm-12am

Cost: \$10.00

Hopkins Senior Center: Parkview Room

Instructor: Kim Spurlock

SHINING STARS AFTER SCHOOL PROGRAM

Parents are you looking for a safe and well-structured environment for your child after school? If your answer is yes, then look no further, because the Shining Star After School Program is here for you.

This month ends our program for the 2004-2005 school year.

Registration for the Fall 2005-2006 school year will begin August 15, 2005. Remember the required ages for the program are children

entering the 1st - 6th Grade Fall 05.

For more info on how to register your child please call Dwalan at 972-780-4971.

KNIT N' KNEEDLES CLASS

Pre-teens, teen, and students of all ages! Are you interested in a class that teaches knitting or cross

stitching? Students must sign-up at the front desk for this class. Class

maximum: 10 students. Stop by Knit N' Kneedles for your supply kit

Supply Kit is \$6.51 - You must register first.

Next Class will meet in - May 2005

Time: 6pm - 7:30p Free Class

For next class day information,

please call the Judy at

972/296-4008.

BEST SOUTHWEST JUNETEENTH CELEBRATION

Saturday, June 18th, 2005

THIS IS A FREE EVENT FOR ALL RESIDENTS

Duncanville, DeSoto, Lancaster, and Cedar Hill will all take part in this event. There will be a Carnival,

Food, Children's Activities, Fashion Show, and Live Music. Also there

will be a Basketball 3 On 3

Tournament. For more information

on the tournament call Dwalan @

972.780.4971 or Angie @

972.780.5086

The site for this years' celebration will be at the:

Lancaster Community Park and Recreation Center.

Located at:

1700 Veterans Memorial Pkwy.
Lancaster, TX 75146

For more information call

972.227.1112

May 2005

GET IN SHAPE RIGHT WAY

Do you want your own Personal Fitness Trainer?

WELL, SUMMER IS ALMOST HERE.
\$59.00 Per Session (1 Hour Sessions)

Spring Special \$49.00 Per Session

10 session packages available
Packages include:

1) Professional Assistance

- A) Fitness Counseling
- B) Postural Analysis
- C) Core Training
- D) Program Design
- E) Joint Stabilization Training
- F) Cardio & Resistance Training

2) Meal Planning - Dietary Guidance Counseling

- A) Caloric Assessment Counseling
- B) Body Fat Composition & Circumference Measurements

3) Goal Specific Supplement Recommendation

Do you know your body fat?
Set up a FREE 50 minute fitness consultation session.

Consultation includes fitness - assessment of body fat and circumference measurements.
To make an appointment please call: Gerald Jackson @ 214.564.8986 or for any other information call Dwalan Williams @ 972.780.4971

FREE TEEN ACNE SEMINAR

Conducted by licensed Esthetician: Teresa Martin

Door Prizes including: Free Facials and Back & Neck Massage will be given away!!!

Join us Thursday May 19th, 2005 @ 6:00 pm - 7:30 pm.

Seminar will be held at the Duncanville Community Center.
Sign - Up today at the Community Center Front Desk.

Items discussed:

- Teen Acne
- Proper Skin Care
- Tanning and its affects on your skin
- Sun Block
- Moisturizers
- Makeup

For more information on this Free Seminar, please call Dwalan Williams @ 972.780.4971 or 972.780.5070

JAZZERCISE

Aerobics, Tone, Stretch

Mon/Wed/Thu Jazzercise Lite
8:45-9:45 a.m.

Mon & Wed Jazzercise Step
6:30-7:30 p.m.

Tue & Thu Jazzercise 6:20-7:05 p.m.

Sat Jazzercise 9:15a.m.-10:15 a.m.

Mon/Wed/Thu a.m.: Aerobics Room
Mon pm/Wed pm/Sat am in West Gym

Tue/Thu in Aerobics Room

All classes emphasize low impact, high energy moves.

Tuesdays and Thursdays classes are great for beginners.

On Mon/Wed/Sat we strengthen and tone our muscles. Bring your weights and mat. Tube, step and stability ball provided.

Newcomer's Special: 9 weeks: \$75. \$8 walk-in.

Certified instructor: Sheilla (SHAY-la) - sheilla@jazzforhealth.com

Instructor Phone: 972-709-6441

Need More Info? Go to www.jazzforhealth.com

MORNING YOGA

Learn basic yoga postures designed to celebrate the spine. Class meets Tuesday, Wednesday, & Friday from 10a - 11:30a.

A class for Restorative Yoga will be taught on the last Wednesday of every month.

Recreation Center - Aerobics Room

Class Fee: \$7 per class

Register at Center - Front Desk

Instructor: Carolyn Smith

Attire: Comfortable clothes & tennis shoes. Bring a towel and sticky mat.
For more info call 972/780-5070.

PLANET KIDZ!

Have you heard the news? Planet Kidz is the place to be every Saturday night.

Where: Duncanville Community Center

Cost: \$8 per child.
Ages: 2nd - 8th grade
Time: 7:00 p.m. - 11:00p.m.

The last day for Planet Kidz is Saturday May 21st, 2005.

For more information please call 972-772-6000. Don't miss this opportunity!!!

ROBIX FITNESS: AEROBICS & YOGA UNL'TD

Duncanville Community Center Aerobics Room

Mon/Wed: Muscles 'n' Motion 5:45p-6:30p

Mon/Wed: Step 'n' Motion 6:30p-7:45p

Mon/Wed: Yoga Fit 7:45p-8:45p

Sat.: Yoga-On-The-Ball 9:15a-10:15a

Sat.: Cardio Challenge 10:30-11:30a

Hopkins Senior Center-Northside Room

Tues/Thurs: Yoga-Fit 5:45p-6:45p

Tues/Thurs: Cardio-Quick 7:00p-7:45p

For beginners, regular exercisers;
Cost: \$7.00 walk-in; \$110/Season
Pass unlimited; \$70/3-month unlimited; \$30/8 classes.

Instructor: Roseanna Needham-Dryden, B.S. Instructor Phone:

972-709-1906

Email: fit_in_duncanville@yahoo.com

DISTINCT DANCE

Class meets Friday 5:30p - 6:30p.
For ages 4 to 7; 1st session. 2nd session meets at 6:30p - 7:30p for ages 8 & up. Special Dance Group 7:30p-8:30p

Recreation Center - Aerobics Room

Registration Fee: \$10 on first meeting. Class Fee: \$8 each class meeting. Register at class. Instructor: Diversified Youth Services. We offer optional uniforms for purchase. For more info call **972/208-6697.**

KIDZART CAMPS

Creating confidence through drawing! Gain valuable drawing skills in a fun, safe comfortable environment & learn to draw naturally. Children leave with artwork. Plus have a great time!
Sign up at the center for this great class. Class meets Mondays, May 2-9-16-23 (No class May 30.) 4-5pm

Fees: \$60 includes all supplies and cost for 4 days.

Ages: k-6th grade

Where: Duncanville Community Center

Instructor: Laura Brooks

For more info: 214-683-2939

Email: kidzartdfw@yahoo.com

Website: www.kidzart.com

Duncanville Public Library Presents
Promises: Israel/Palestine

A Human Rights Video Showing

May 10, 2005

7:00 to 8:42 PM

(running time 102 minutes)

Through the stories of seven children living in diverse areas of Israel/Palestine, the filmmakers interweave the complex political and geographic history of this region of the Middle East. Yarko and Daniel are secular Israeli twin brothers living in Jerusalem. They contemplate the odds of perishing from a suicide bomber. Faraj and Sanabel are Palestinians living in Deheishe, one of the oldest and largest refugee camps in the West Bank. Faraj describes with anger how checkpoints are used to separate the Arabs from Israel and to "search and humiliate us." Palestinians cannot leave the West Bank, travel to Jerusalem, or travel from one Palestinian area to another without a special permit issued by the Israeli military.

2005 Duncanville Summer Family Reading Program

Date	Time	Presenter	Program
June 7, Tuesday	7:00 PM	Eric Rudy	Wildlife
June 14, Tuesday	7:00 PM	Jake & Teresa	Me & My Wild World
June 21, Tuesday	7:00 PM	Steve Kieffer	Mysteries of the Sea
June 28, Tuesday	7:00 PM	Sandy Shrout	Texas Jack & the Bean Stalk
June 1-30			
Every Monday	10:15 AM	Library Staff	Nursery Rhyme Time
Every Tuesday	2:00 PM	Maureen Parker	Crafts
Every Wednesday	10:15 AM	Maureen Parker	Crafts
Every Thursday	10:15 AM	Library Staff	Storytime
July 5, Tuesday	7:00 PM	Amazing Attractions	Professor Mago
July 12, Tuesday	7:00 PM	Dave Phillips	Musical Show
July 19, Tuesday	7:00 PM	Amazing Attractions	Wild in the Library
July 26, Tuesday	7:00 PM	Amazing Attractions	Logan the Juggler
July 1-29			
Every Monday	10:15 AM	Library Staff	Nursery Rhyme Time
Every Tuesday	2:00 PM	Maureen Parker	Crafts
Every Wednesday	10:15 AM	Maureen Parker	Crafts
Every Thursday	10:15 AM	Library Staff	Storytime
July 30, Saturday	10:30 AM	Mike Lewis	Party Pets
10:00 AM – 2:00 PM	11:00 AM	Maureen Parker	Birthday Card Craft
Celebrating 50 Years	11:30 AM	Shelly Tucker	Spin-A-Yarn
Of Library Services	12:30 PM	Maureen Parker	Birthday Card Craft
Party	1:00 PM	Mayor Green	Mother Nature & Recycle Man
August 2, Tuesday	7:00 PM	Valerie Oliver	Yo-Yo Spinmaster

**For information about rewards for summer reading logs call 972-780-5044.
Incentives for completed reading logs are provided by the Dr Pepper
StarCenter, Sonic, Whataburger, Pizza Hut and the
Friends of the Duncanville Public Library.**

Teen Court Recognizes Volunteers

The Duncanville Teen Court held its annual volunteer Appreciation Dinner on Wednesday, April 20, 2005 at the Hopkins Senior Center.

Edward Spears, Jr., senior and 4 year volunteer served as the Master of Ceremony. Aneisha Armstrong introduced dignitaries, parents and the Teen Court board. Following dinner Don Smarto, President of Youth Direct



Back Row, L-R: Graham Tibbets, Edward Spears, Jr, Jeremy Davis.
Front Row Aneisha Armstrong, Timothy Woodson, Geena Nohinek, Amy Duncan.

Ministries spoke on the value of Teen Court giving the Teen defendants a chance to turn their life around by telling his story of getting out of the biggest gang in the US.

A presentation of the year's activities was shown.

Geena Nohinek, Sophomore Prosecution Captain recognized the Seniors and Jeremy Davis recognized the Adult Volunteers. Olivia Harrington, Teen Court Coordinator presented levels of service to those who have given 100, 200 & 300 hours to this program. She also recognized Sally Adamson, Kathy Richey, Sandra Jones and Judge Vicki McCarthy for 10 years of volunteer service to Teen Court.

Olivia also presented Aneisha Armstrong with the Coordinator's Award. Aneisha is the Clerk Captain and member of the Teen Court Board. She has been in attendance consistently, friends have looked to her for leadership, and she has taken responsibility working, helping and not complaining.

Volunteer Judge William Mitchell presented Graham Tibbets with the Judges' Award. The Teen Court Judges vote each court session for the teen attorneys who have done the best job. Graham received the most votes by consistently being in attendance and giving his all to the program. Graham is a Prosecution Captain.

Mayor David Green presented the Barbara Tow Scholarship/ Award to Edward Spears, Jr. Prosecution Captain. Edward is a four-year member of Teen Court. And has served both as Defense and Prosecution Captains.

For more information about Teen Court call Mrs. Harrington, 972-780-5063. She is looking for committed young people ages 14-18 to attend training Saturday, May 21, to become attorneys, clerks and bailiffs. Volunteer applications may be obtained at City Hall, Ninth Grade Counseling Center, DHS Counseling Center, Or online at the City of Duncanville Web Site: www.ci.duncanville.tx.us



Duncanville
City of Champions

May 2005

- May 2** - DISD Staff Development. No Classes
- May 3** - Duncanville City Council Meeting. 7:00 p.m. at City Hall. 203 E. Wheatland Rd.
- May 3** - Last Day of Early Voting. 7:00 a.m. – 7:00 p.m. at Duncanville Library/ Recreation Center. 201 James Collins Blvd.
- May 4** - Teen Court. 5:00 p.m. at City Hall. 203 E. Wheatland Rd.
- May 6** - Mayor's Open Line. 8:00 a.m. – 10:00 a.m. at City Hall. 203 E. Wheatland Rd.
- May 7** - Election Day
- May 9** - Planning & Zoning Commission. 7:00 p.m. at City Hall. 203 E. Wheatland Rd.
- May 9 - DISD Board Meeting. 7:00 p.m. at DISD Technology Center
- May 12-14** - Duncanville Community Theatre production of "The Prisoner of Second Avenue" at 106 S Main St, 8:00 pm curtain (972) 780-5707, www.dctheatre.org
- May 17-** Duncanville City Council Meeting. 7:00 p.m. at City Hall. 203 E. Wheatland Rd.
- May 18-21** - Duncanville Community Theatre production of "The Prisoner of Second Avenue" at 106 S Main St, 8:00 pm curtain (972) 780-5707, www.dctheatre.org
- May 23** - Planning & Zoning Commission. 7:00 p.m. at City Hall. 203 E. Wheatland Rd.
- May 25** - DHS Baccalaureate. 7:30 p.m. Arena
- May 26** - PACE Senior Graduation. 2:45 p.m.
- May 26** - DHS Commencement. 7:30 p.m. Reunion Arena
- May 26** - Project Graduation. 10:30 p.m. – 6:00 a.m. at Community Center
- May 28** - Teacher Workday. No classes
- May 30** - Memorial Day Holiday. City Offices closed.

Summer Fun Safety Tips

from the American Academy of Pediatrics

FUN IN THE SUN

<http://www.aap.org/advocacy/archives/tanning.htm>

Babies under 6 months:

- Avoiding sun exposure and dressing infants in lightweight long pants, long-sleeved shirts, and brimmed hats are still the top recommendations from the AAP to prevent sunburn. However when adequate clothing and shade are not available, parents can apply a minimal amount of sunscreen to small areas, such as the infant's face and the back of the hands.

For Young Children:

- Apply sunscreen at least 30 minutes before going outside, and use sunscreen even on cloudy days. The SPF should be at least 15.

For Older Children:

- The first, and best, line of defense against the sun is covering up. Wear a hat with a three-inch brim or a bill facing forward, sunglasses (look for sunglasses that block 99-100% of ultraviolet rays), and cotton clothing with a tight weave.
- Stay in the shade whenever possible, and avoid sun exposure during the peak intensity hours - between 10 a.m. and 4 p.m.
- Use a sunscreen with an SPF (sun protection factor) of 15 or greater. Be sure to apply enough sunscreen - about one ounce per sitting for a young adult.
- Reapply sunscreen every two hours, or after swimming or sweating.



HEAT STRESS IN EXERCISING CHILDREN

<http://www.aap.org/policy/re9845.html>

- The intensity of activities that last 15 minutes or more should be reduced whenever high heat and humidity reach critical levels.
- At the beginning of a strenuous exercise program or after traveling to a warmer climate, the intensity and duration of exercise should be limited initially and then gradually increased during a period of 10 to 14 days to accomplish acclimatization to the heat.
- Before prolonged physical activity, the child should be well-hydrated. During the activity, periodic drinking should be

enforced, for example, each 20 minutes, 5 oz of cold tap water or a flavored sports drink for a child weighing 88 lbs, and 9 oz for an



adolescent

weighing 132 lbs, even if the child does not feel thirsty.

- Clothing should be light-colored and lightweight and limited to one layer of absorbent material to facilitate evaporation of sweat. Sweat-saturated garments should be replaced by dry garments.

POOL SAFETY

<http://www.aap.org/family/tippool.htm>

- Never leave children alone in or near the pool, even for a moment.
- Install a fence at least four-feet high around all four sides of the pool. The fence should not have openings or protrusions that a young child could use to get over, under, or through the fence.
- Make sure pool gates open out from the pool, and self-close and self-latch at a height children can't reach.
- Keep rescue equipment (a shepherd's hook - a long pole with a hook on the end - and life preserver) and a portable telephone near the pool.
- Avoid inflatable swimming aids such as "floaties." They are not a substitute for approved life vests and can give children a false sense of security.
- Children may not be developmentally ready for swim lessons until after their fourth birthday. Swim programs for children under 4 should not be seen as a way to decrease the risk of drowning.
- Whenever infants or toddlers are in or around water, an adult should be within arm's length, providing "touch supervision."

